



## Athletic Training Internship

**Preferred Majors:** Kinesiology

**Needed:** Two (2) Individuals

**Supervisor:** Certified Athletic Trainer

**Class Level Preferred:** Junior or Senior

**Time Frame:** May 24<sup>th</sup> – August 1<sup>st</sup>

**Compensation:** Stipend- \$200

**Internship Goals:** To learn and apply concepts in athletic injury care including injury prevention, first aid, rehabilitation, evaluation and recognition of injuries, and organization and administration of athletic training.

### **Responsibilities:**

- Set up both dugouts prior to the game (and clean up after)
  - Make sure the coolers and bottles are clean from the previous use
  - Fill the water jugs with ice and water, provide cups and/or water bottles
  - Fill a cooler with injury ice
- Set up the athletic training equipment by the home dugout (ex: treatment table, medical kit, etc.)
- Assist with pre-game treatments (ex. taping, stretching, manual therapies, etc.)
- Provide basic Wound Care
- Assist with rehabilitation exercises
- Assist with emergency response
- Maintain healthcare privacy and confidentiality.
- Other duties as assigned

Student aides must be under the direct visual supervision of a Certified Athletic Trainer when working with any of the athletes. The amount of hands-on athletic training work will be determined by previous experience and the ability to demonstrate a knowledge of and ability to perform whatever treatment or evaluation technique you are wanting to administer.



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